

THE MINDSET OF CHAMPIONS IN A WINNING BASEBALL PROGRAM



INTENT OF TODAY'S DISCUSSION:

TO SHARE MY THOUGHTS AND
STRATEGIES AROUND MINDSET
CREATION AND MAINTENANCE

BACKGROUND & BIO



*“Champions get behind
BEHAVIORS...not TALENT
or TALK”*



MINDSET:

A HABITUAL OR CHARACTERISTIC
MENTAL ATTITUDE THAT DETERMINES
HOW YOU RESPOND TO SITUATIONS



PERSPECTIVE:

A WAY OF REGARDING SITUATIONS
OR TOPICS



IMPORTANCE OF WHAT COACHES DO:

YEAH...I'M TALKING ABOUT YOU!!!

Mercer Island 2013'-23'

COMPARE & CONTRAST



CLEARLY DEFINE THE CHANGE
YOU WANT IN YOUR PLAYERS

WHAT EXACTLY DO YOU
WANT???



PROGRAM GOALS:

1. WIN

2. DEVELOP AND IMPROVE

1. PLAYERS (ON AND OFF)

2. FACILITIES

3. RELATIONSHIPS WITH THE GREATER
BASEBALL COMMUNITY

4. STAFF AND MYSELF

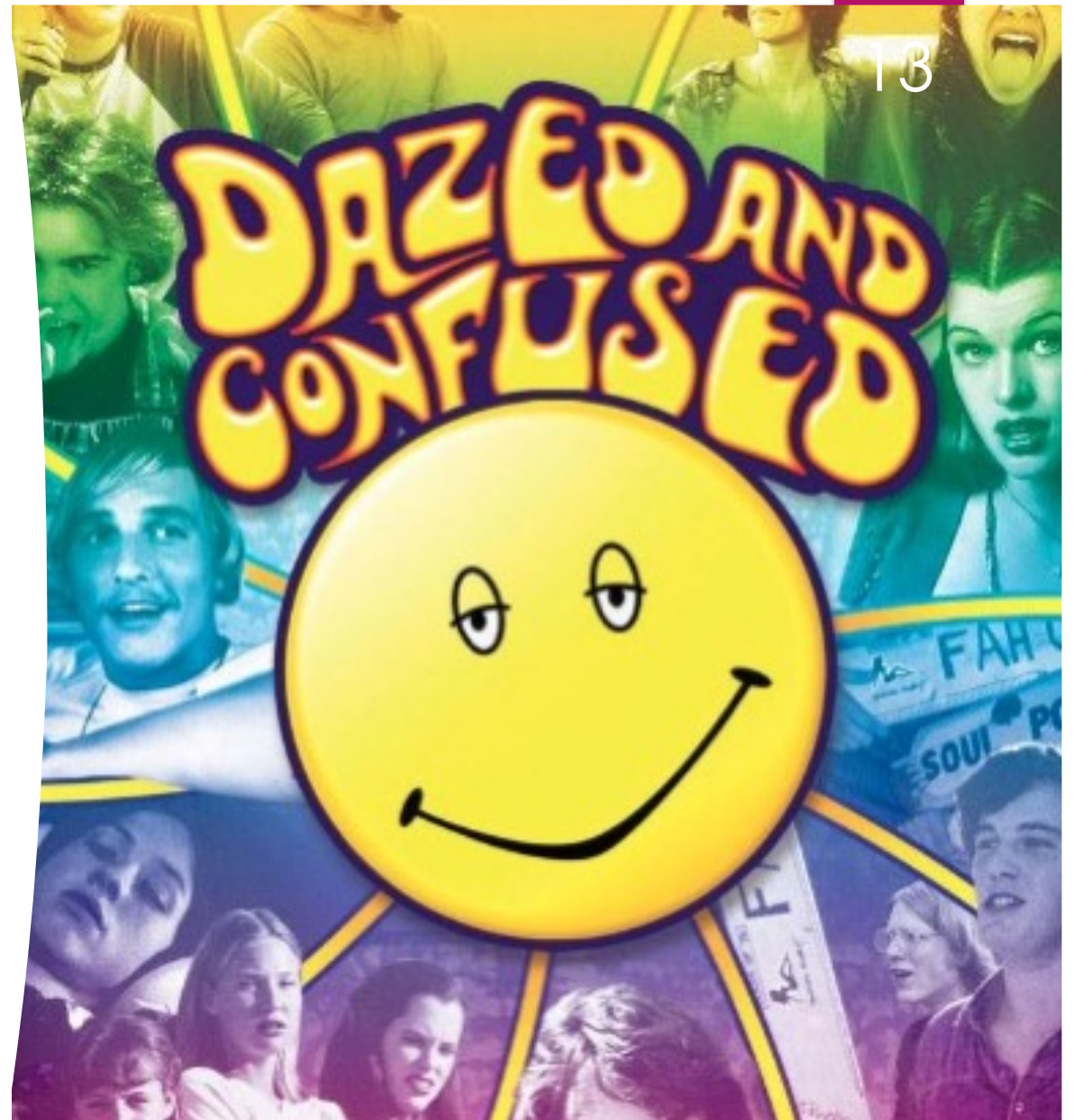
SUPPORT SYSTEM:

1. ADMINISTRATION
2. BOOSTER CLUB
3. FIELD/FACILITY/PEOPLE
4. ATHLETIC TRAINER
5. STAFF
6. PLAYERS



WHOSE MINDS ARE
WE TRYING TO
CHANGE?

YOUR PLAYERS





Culture is a collection of
BEHAVIORS, BELIEF
and TRUST.

FRESHMAN ARE THE WORST



Goals for my Players:

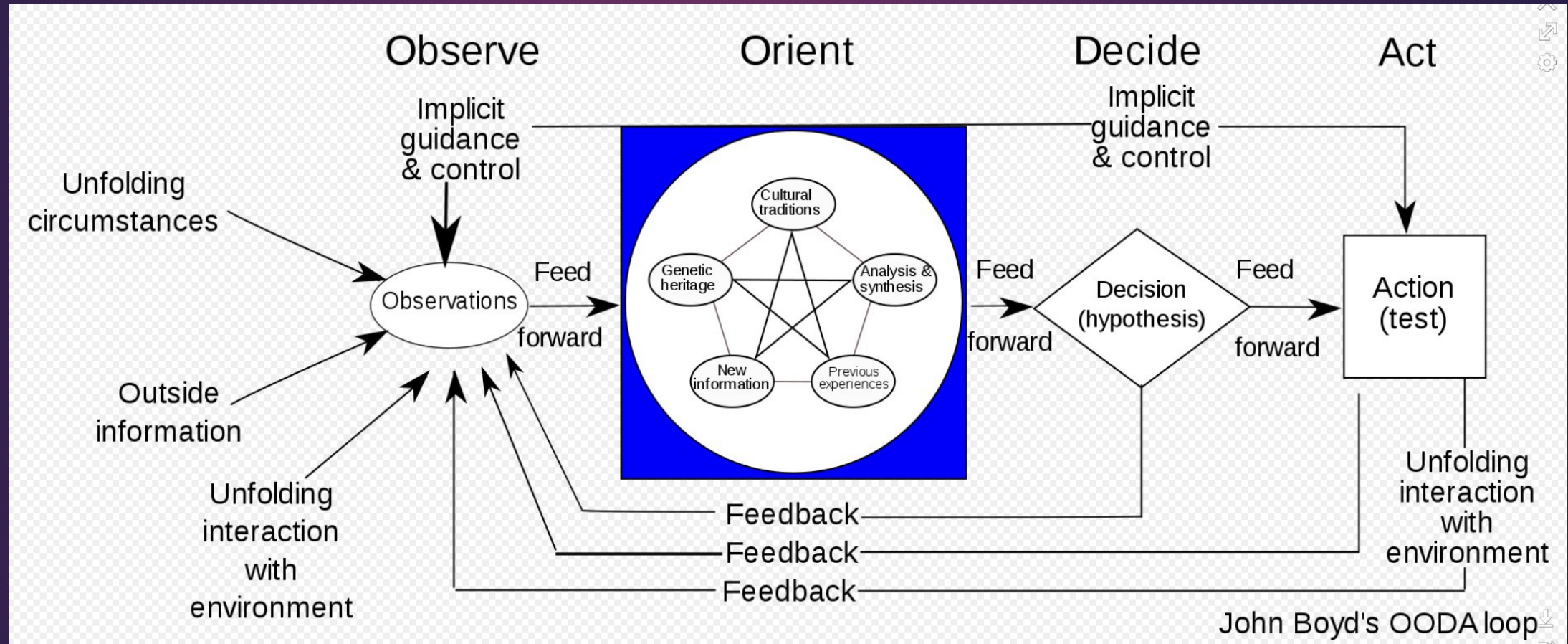
- learn about themselves
- others
- world around them



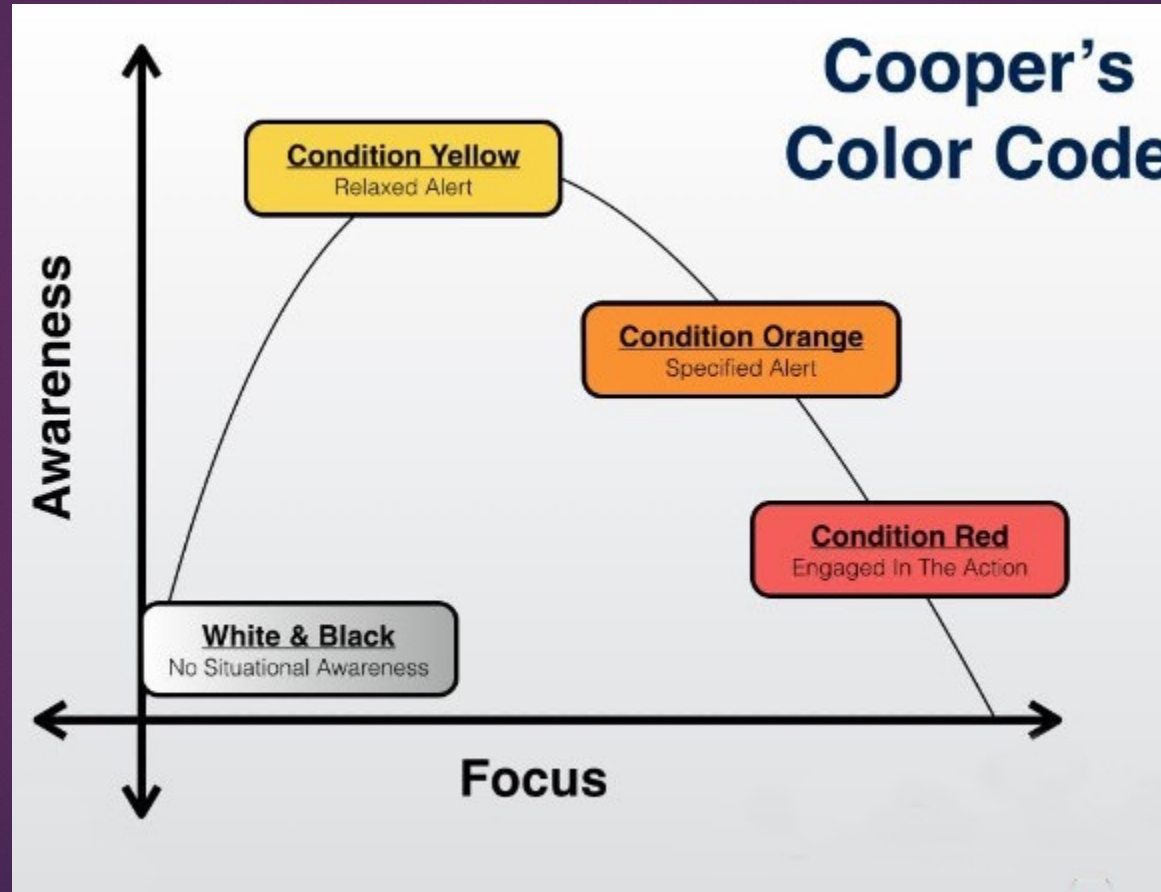


TEACHING TOOLS:

O.O.D.A. LOOP



DR. COOPER'S COLOR CODE





One Point Games

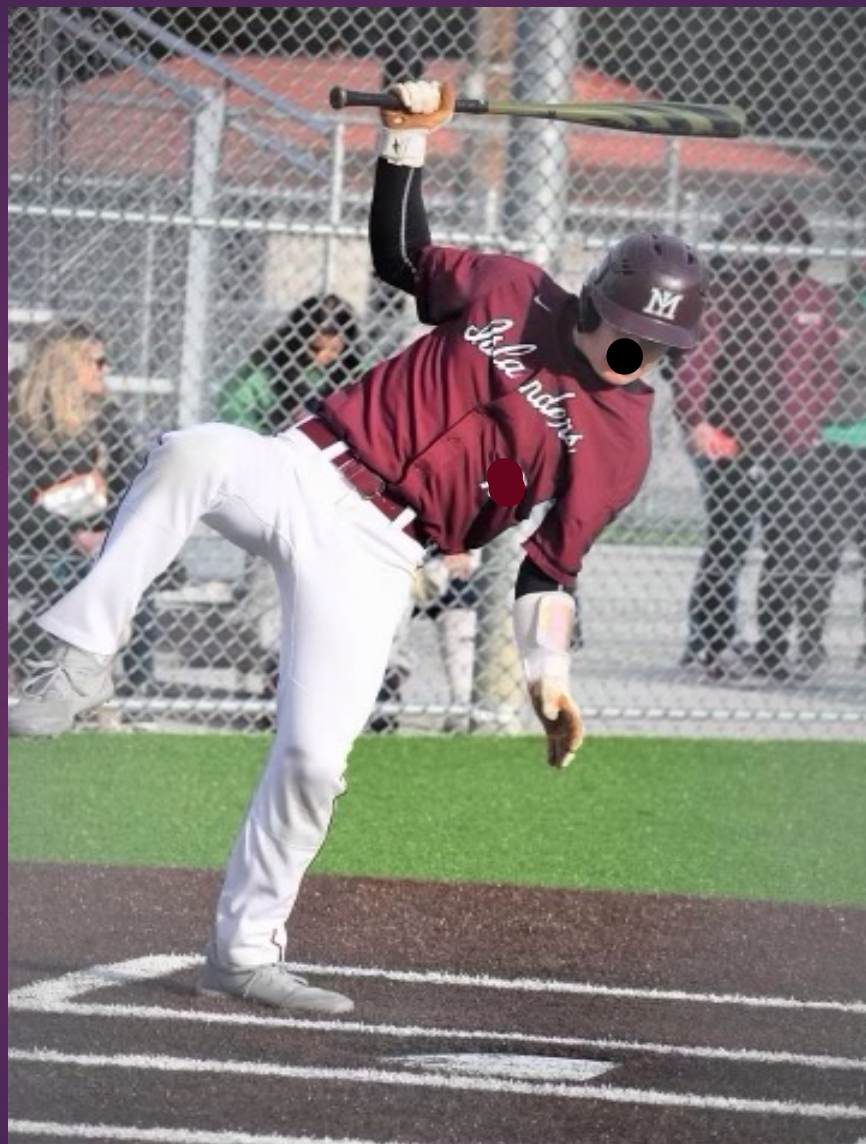
Concentration Charts



KEYS TO RELATIONSHIP BUILDING



STORY TELLING & MOTIVATION











IN CONCLUSION...